

# CENTRAL DAUPHIN HIGH SCHOOL RAMS BASKETBALL

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## WINSTON-SALEM JOURNAL SPORTS

### Deacons' recruit is training for success

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If Devin Thomas is not physically ready to play basketball for Wake Forest next season, it won't be for lack of planning or effort.

Thomas, a 6-foot-9, 235-pound power forward who recently committed to play for the Deacons, has been working with the same personal trainer, Scott Singer, who helped mold Thomas' sister, Alyssa, into last season's ACC rookie of the year at Maryland.

"(Coach) Brenda Frese of Maryland said she's never had a freshman come into her program as ready to play as Alyssa," said Bob Thomas, Devin's father and AAU coach.

The Deacons could use similar contributions from Devin Thomas, who chose Wake Forest over offers from Marquette, Virginia Tech, Penn State, Temple and VCU. Thomas is the Deacons' sixth known commitment for next year, joining Codi Miller-McIntyre, Aaron Rountree, Andre Washington, Tyler Cavanaugh and Arnaud Moto.

Singer used Maryland's strength and conditioning program during Alyssa's senior season of high school. Bob Thomas said that Singer will repeat the plan, meeting with strength coach Greg Brittenham of Wake Forest to get Devin acclimated to the Deacons' program during his senior season at Central Dauphin High School in Harrisburg, Pa.

Thomas and his wife, Tina Klotzbeecheer-Thomas, played college basketball at Millersville (Pa.).

Coach Jay Crosier of Central Dauphin said that the left-handed Thomas is an inside offensive force with the ability to consistently hit a face-up 17-footer. But Thomas' greatest skill is as a rebounder.

Thomas averaged 21.4 points, 12.2 rebounds and 2.9 blocks as a junior. His game all came together against Bishop McDevitt, when he had 43 points and 23 rebounds.

"His strengths are rebounding, defensive rebounding especially," Crosier said. "But he's improving all around.

"I'm not one of those guys who pigeonholes him to two-feet until the season starts. All summer we've had him handling the ball and shooting the ball from 17 feet.

"He's a tireless worker. As far as maturity level, he has just skyrocketed in the last year and a half."

