

**CENTRAL DAUPHIN RAMS FOOTBALL
ALL-TIME TOP POWER CLEAN**

<u>NAME</u>	<u>LIFT</u>	<u>YEAR</u>
ADAM HOLLINGER	315	2011
ARTIE ROWELL	310	2010
NKEMJIKA RAJIS	300	2010
MATT HEILIG	285	2009
DAYLIN RUSSO	280	2011
SCOTT BENKOVIC	275	2010
JOE BOYD	275	2010
CHRIS GIGLIOTTI	275	2010
SEIDU ISSAH	275	2010
MATT KIRCHNER	275	2010
JEREMY SEAMAN	275	2010
NICK GILLICK	275	2011
ZAK WILK	275	2011
NATE HAMILTON	275	2011
EVAN SCHWAN	275	2011
ZAYD ISSAH	275	2011