

MESSAGE FROM COACH McNAMEE

The staff at Central Dauphin High School is looking forward to another great youth camp in 2011! Thanks to the enthusiastic participation of nearly 130 campers last year, the 2010 youth camp was a big success. And we look forward to building on that success for an even better camp this year. One reason we commit so much time and energy into this camp is because it provides a great opportunity for the current Rams Football Program to connect with the young players in this area. And whenever these two groups can be joined together, it is not only beneficial to both but it is always a great deal of fun.

We invite you to learn more about our youth camp by checking out the information on our website or by contacting me at gmcnamee@cdschools.org. If you will be entering second grade through ninth grade and you are interested in playing football in the fall, this camp can be a great springboard into the 2011 season. We sure hope to see you this summer at Landis Field!

ABOUT THE CAMP

The Central Dauphin Rams Youth Football Camp offers a great opportunity for young players to learn specific skills, techniques and fundamentals in a safe, fun, and age appropriate environment. Whether you are an experienced football player or someone who is thinking of playing football for the first time this year, the Youth Camp is a great place to be this summer.

The camp is staffed by an outstanding group of coaches. They are knowledgeable, personable and combine for over 100 years of high school and college coaching. They are also professional educators who understand that coaching is, first and foremost, about teaching. They are also assisted by a solid group of Central Dauphin varsity football players. These young men do a great job every year of assisting the coaches in a variety of ways. Even more importantly, their interactions with the young players always makes the campers' experience more special.

Our instructor to camper ratio is another positive aspect of the Youth Camp. Last year we had one instructor for every six campers. This allows us to give the proper attention and instruction to each camper. Participants will not get "lost in the crowd". It also enables us to break the camp into three groups based on age. By doing this, we are able to gear the instruction and schedule in a way that best suits the campers. Each group has its area and set of instructors to maximize efficiency. For those who will be joining our freshmen program in the fall, it is a great opportunity to work with the coaches and learn everything from terminology to the core philosophies of our program. It can serve as a great head start for the 2011 season.

We also like to recognize campers who perform well, work hard, and exhibit leadership at the camp. At the end of each day and on the final day, we will present awards to several participants for their efforts and for their positive contributions to the camp. As is the case in the Rams Football Program, we make the experience about more than just

football. It is important to address not only fundamentals but also the qualities and attributes that are necessary to success in football and in life.

CAMP STAFF

The experience, knowledge, and coaching ability of the camp staff is a key ingredient in the success of the Central Dauphin Youth Football Camp. The coaches on the camp staff are mostly comprised of the Central Dauphin Football coaching staff from the varsity, junior varsity, and freshmen levels. They are a very experienced group of coaches, combining for over 100 years of coaching experience between them. It is also a cohesive unit, with many of them coaching together at Central Dauphin for several years. [Head Coach Glen McNamee](#) will be entering his tenth season at Central Dauphin while [Assistant Head Coach Steve Stoner](#) is entering his eleventh season at CD. This will be season number thirteen at CD for [Defensive Coordinator Sean Rosler](#) and the twelfth season for [Special Teams Coordinator Matt Bushong](#). To round out the camp staff, [Marshall Fisher](#), (Varsity Assistant), [George Landis](#) (Varsity assistant), and [Mike Dougherty](#) (Head Junior Varsity Coach) have a combined 8 years of coaching experience at Central Dauphin. Additionally, each one of them is currently a full time teacher or is retired from the teaching profession, ranging from elementary school education to the middle school and high school levels. Their classroom experience helps them to connect with players of all ages in a more meaningful way.

Assisting them is a great group of varsity football players from the Central Dauphin program. They contribute in a variety of ways to help enhance the experience of the campers. These young men help in instructing the campers in fundamentals and techniques as well as facilitate drills and games such as “Ultimate Football”. The connections that the campers make with them throughout the week are as important as the ones made with the coaches.

Because our instructor-to-camper ratio is so favorable, we are able to divide the camp into three age groups and provide position-specific instruction for each position on each field. This enables us to give more individualized attention to each camper and help them to improve in the areas they are most interested. For the youngest players, we like to allow them the opportunity to learn important skills at each position.

TESTIMONIALS

“The Ram Youth Camp was a great experience for me. It improved my fundamentals and gave me a better understanding of the game of football. It also was a great introduction to the Central Dauphin Rams Football Program and their philosophy.”

- #5 Paul Coleman, 2008 all-conference free safety for CD and former Youth Camp participant – currently a member of the Lafayette Leopards football team

“The Central Dauphin Youth Football Camp helped me to better understand the basics of football and it helped me to feel more comfortable as a player in the CD football program.”

- #44 Kyle Wolfe, starting linebacker and fullback in 2007, 2008, and 2009 for CD and former Youth Camp participant – currently a member of the Millersville Marauders football team

“The camp was a great experience. I learned skills and techniques of the offensive and defensive line, but more importantly the importance of team building that is necessary to win championships. The youth camp is also a great way to expose yourself to the best varsity coaching staff in the area.”

- #55 Artie Rowell, starting offensive and defensive lineman at CD and former Youth Camp participant – heading to the University of Pittsburgh to play football

" The Central Dauphin Youth Football camp teaches and reinforces the basic fundamentals of football that many have forgotten or stopped teaching over the years. This camp is beneficial and rewarding to all youth football players at any and all skill levels"

- Mike Betz, Athletic Director for the Linglestown Football Association

“The Central Dauphin football camp is a great way to introduce young players and their parents to the sport. It also provides experienced players with coaching instruction to develop talents for every position on the field. This camp should be part of every player’s annual journey to become a Ram!”

- Chip Schaffer, parent of a former youth camp participant and current CD Football Player

“Our son has attended the CD Youth Football Camp for the past three years and has enjoyed it immeasurably! The Camp teaches the fundamentals of the game in a way that is both digestible and fun. The experience is greatly enhanced by augmenting the coaching staff with current & former CD football members. The kids are both exhausted and happy at the end of each day – what more could a parent ask for?! I highly recommend it to all!”

- Bobbie VanBuskirk, parent of a Youth Camp participant