

CENTRAL DAUPHIN CROSS COUNTRY 2011-2012

MEET SCHEDULE (Updated as of 8/8/11)

<u>Day</u>	<u>Date</u>	<u>Departure Time</u>	<u>Start Time</u>	<u>Event</u>	<u>Approximate Return (Finish)Time</u>
Fri.	Aug 12		6:30pm	5 th Annual Alumni Run	x
Mon.	Aug 15		8:00am	Practice Starts	x
Thurs.	Aug 18		4:30pm	Uniform Handout	x
Fri.	Aug 19		11:10am	Team Picture	x
Tues.	Aug 23	3:30pm	6:00pm	at Mechanicsburg (scrimmage)	8:00pm
Tues.	Aug. 30	2:15pm	4:00pm	at Shank Park, Run for Chocolate	8:00pm
Fri.	Sept 2	2:00pm	4:00pm	CD East w/Mechanicsburg	(6:30pm)
Sat.	Sept 10	6:30am	10:00am	LVC Invitational	3:00pm
Tues.	Sept 13	2:30pm	4:30pm	Carlisle at CD East	8:30pm
Sat.	Sept 17	7:00am	10:00am	at Big Spring, Invitational	2:30pm
Tues.	Sept 20		4:30pm	CV/CC (Senior Rec.-Cookout or Pizza)	(7:30pm)
Sat.	Sept 24	7:30am	10:00am	at Carlisle, Race of Champions	2:30pm
Tues.	Sept. 27	2:15	4:30pm	at Harrisburg	5:30pm
Fri.	Sept. 30	9:00am (Miss School)	2:00pm	Paul Short Invitational (Lehigh)	9:00pm
Tues.	Oct 4		4:30pm	Chambersburg (Hoss's)	9:00pm
Fri.	Oct 7	2:15pm	4:30pm	at Susquehanna w/CD East/Hbg	6:30pm
Fri.	Oct 14		6:00pm	Pasta Dinner at the '?????' House	(9:00pm)
Sat.	Oct 15	11:00am	2:00pm	at Big Spring, Mid-Penn Championships	7:00pm
Sat.	Oct 15	11:00am	4:30pm	Tim Cook Memorial Invitational	7:00pm
Tues.	Oct 25	2:15pm	3:00pm	at Hershey, District 3 Course Preview	5:00pm
Wed.	Oct 26	8:00am	10:00am	at Hershey, District 3 Championships	2:30pm
Fri.	Nov. 4	2:15pm	3:00pm	at Hershey, State Course Preview	5:00pm
Sat.	Nov 5	8:00am	10:00am	at Hershey, State Championships	2:30pm
	Dec.		6:00pm	Cross Country Banquet, CD Cafeteria	9:30pm