



2014 - 2015

SWIMMING AND DIVING



2014 - 2015



CD Swimming News

Congrats once again to the swimmers of CD for their performance this weekend at District 3 championships. Rick Averill dropped 2 seconds off his best time to post a 6th place medal and missing a state bid by only 2 tenths of a second. Special congrats to Zach Ruth for his 4th place in the 50 freestyle and for being the first male swimmer to qualify for the PIAA state meet since 2008. Zach also led 2 relays to medal which included Averill, Josh Yohe, and Nick Bloom.

This was posted on 3-02-2015



CD Swimming Districts Special Report

[Click here to view the video](#)



CD Girls Swimming Special Report

[Click here to view the video](#)



CD Swimming News

Congratulations to boys and girls swim teams for strong performances this weekend at the Mid Penn Polar Plunge. The boys were led by senior Jace Kendle who was a 4 time gold medal winner in the 200 medley relay, 50 free, 100 free, and 200 freestyle relay and senior Gary Gifford a three time medalist. Other medal winners for the boys were Shawn Desouza, Sam Gherardini, Tristan Ring, Dan Getz, Tyler Miller, Logan Pliska, Conor Hoffman, Kyle Miller, Sadiq Sistrunk, Elliot Walak, Dalton Will and Chris Bloom.

The girls were lead by seniors Rachel Cherry and Jasper Phy who each medaled twice. Also meddling for the girls were Emily Young, Evvie Thompson, Amber Gatling-woods, and Abby Echard.

Fantastic end of the season and good luck to the district qualifiers next week!

This was posted on 2-17-2015



CD Swimming Mid Penns Special Report

[Click here to view the video](#)



CD Swimming News

Congratulations to our Boys and Girls Swim Teams for a great season ending. Both teams came away with a convincing victory last night.

The girls were led by double winner Ally Yoder followed up with wins by Ashley Leisher and Serena Merlo. The girl's record for the year is 5 wins and 5 losses.

The boys finished their season with 10 wins and 2 losses. Last night they beat the division leader Falcons by 24 points. Junior Marco Melinger led the way with 1 win and 2 second places. Also bringing in wins were Josh Yohe, Zack Ruth and Ricky Averill.

Good Luck to the swimmers as they head into Championship seasons.

This was posted on 1-30-2015



CD Swimming News

Congratulations to the Boys Swim Team on their victory over Carlisle on Tuesday. The boys scored victories in every event except for the 50 freestyle. For senior recognition night, the boys were lead by victories from the following seniors: Zach Ruth in the 200 free, Brandon Daubenspeck, Ganesh Kumar, Kyle Miller, and Zach Ruth in the 200 free relay, and Owen Davis, Carson Kahoe, Tiras Kelly, and Zach Ruth in the 400 Free relay.

The girls team lost in a close meet. Scoring wins for the girls were Megan Daubenspeck, Ally Yoder, Autumn Fortney, and Ashley Leisher in the 200 medley relay, Ashley Leisher in the 200 free, Ally Yoder in the 200 IM, and Ashley Leisher in the 100 fly.

The teams last dual meet is tomorrow versus Lower Dauphin.

This was posted on 1-28-2015



CD Swimming News

Congrats to yet another Swim Team trouncing of Mechanicsburg. The girls team won by 28 and the boys won by 58. Bringing in first places for the girls were Meagan Daubenspeck, Serena Merlo, and Autumn Fortney. The boys were led by double winner Brennan Conway followed also with wins by Gary Gifford, Colin Reed, Sadiq Sistrunk and Max Kasian.

This was posted on 1-23-2015



CD Swimming News

Congratulations to both swim teams for their 70 point victories over Mifflin County last night. Posting double victories The girls were led by double winners Ashley Heck and Serena Merlo . Wins also brought in by Ally Yoder and Autumn Fortney and Brooky Hopkins. the boys brought an onslaught of victories with wins by Colin Reed, Jace Kendle, Dalton Will and Shawn DeSooza. A special congrats goes out to freshman Ally Yoder for breaking into the top ten list for a second time.

This was posted on 1-21-2015



CD Swimming Special Report

[Click here to view the video](#)



CD Swimming News

Congratulations to the CD Boys Swim Team on their historic 89 to 87 victory over Cumberland Valley. The boys swim team Beat Cumberland Valley for the first time in 40 years. Leading the charge with victories was Josh Yohe and Zach Ruth, but also scoring wins were key swims by Owen Davis, Carson Kahoe, Ricky Averill, and Josh Wisor. Numerous personal bests were established. Special mention goes out to Josh Yohe, Owen Davis, and Carson Kahoe who set the tone for the boys by taking first, second, and third place in sweeping the 200 freestyle race. Additional individual first places were scored by Josh Yohe in the 200 free and Zach Ruth in the 50 free. Finally, the boys took first in the 200 medley relay and the 200 freestyle relay which helped to secure the win. For the girls, Ashley Leisher finished first in the 50 and 100 free, and Autumn Fortney finished first in the 100 fly. Ally Yoder and Autumn Fourtney broke into the top ten all-time lists.

This was posted on 1-14-2015



CD Swimming News

Congratulations to the Central Dauphin Boys Swim Team on their victory at the Central York Panther Invitational. Scoring first place finishes were Josh Yohe in the 100 free, Ricky Averill in the 100 breaststroke, and Zach Ruth, Nick Bloom, Josh Yohe, and Ricky Averill in the 400 free relay. A special congratulations to Ricky Averill in setting a new meet record in the 100 breaststroke.

This was posted on 1-21-2015

2014-2015 CD Swim Team

Ricky Averill

Ashley Betz

Chris Bloom

Nick Bloom

Rachel Cherry

Brennan Conway

Brandon Daubenspeck

Megan Daubenspeck

Owen Davis

Shawn DeSouza

Lindsay Dunn

Abby Echard

Hannah Echard

Autumn Fournet

Amber Gatlin-woods

Dan Getz

Andrew Gherardini

Sam Gherardini

Gary Gifford

Ashley Heck

Conor Hoffman

Brooke Hopkins

Carson Kahoe

Max Kasian

Tiras Kelley

Jace Kendle

Jonah Key

Ganesh Kumar

Ashley Leisher

Cordelya Meade

Marco Mellinger

Serena Merlo

Jon Miller

Kyle Miller

Tyler Miller

Paige Molner

Trey Nissley

Jasper Phy

Logan Pliszka

Colin Reed

Tristan Ring

Zach Ruth

Sadiq Sistrunk

Olivia Sturgis

Alexa Taylor

Evvie Thompson

Brittany Toner

Elliot Walak

Dalton Will

Joe Will

Josh Wisor

Ally Yoder

Josh Yohe

Emily Young



CD Swimming News

Congrats to the CD Swim Team for a convincing victory over Red Land last night. Both boys and girls won by double point margins. Pulling in victories for the girls were Autumn Fortney, Amber Gatlin Woods, Serena Merlo, Ashley Leisher, and a double victory by freshman Ally Yoder. On the boys side, wins were posted by Tiras Kelly, Brennan Conway, and Elliott Walak. Conway and Leisher also broke into the top ten times of CD swimming history.

This was posted on 12-19-2014



CD Swimming News

Congratulations to the Central Dauphin boys swim team on their first place finish at the 13-team Dover Eagle Invitational swim meet. Scoring first place in the medley relay and the 400 free relay were Ricky Averill, Nick Bloom, Zach Ruth, and Josh Yohe. The boys also set a new meet record in the 400 free relay by breaking Hershey's previous record from 2002. Zach Ruth scored a first place finish in 100 freestyle, and Ricky Averill scored a first place finish in both the 200 I M and the 100 breaststroke. Scoring first place for the girls in the 200 freestyle relay was the team of Megan Daubenspeck, Autumn Fortney, Ally Yoder, and Ashley Leisher. Great job Rams!

This was posted on 12-8-2014



CD Winter Sports Special Report

[Click here to view the video](#)